

THE GREAT SCHUSS

LEXINGTON SKI & SNOWBOARD CLUB



DECEMBER MEMBERSHIP MEETING

Tuesday - December 3, 2024

Location: Roosters 6:00 pm Social Hour 7:00 pm Meeting

124 Marketplace Drive - Lexington, KY

(Off Man of War, just west of Nicholasville Rd.)

December 3 General Membership Meeting - Presentation by Big Blue Strength

December 19 LSSC Christmas Party - The Parlour

Trips planned for 2025 - registration information is available on the [LSSC Trips](#) page

January 11 - 18 Steamboat Springs, Colorado - FULL

February 2 - 14 Finland and Switzerland - [OVSC Trip information](#)

February 21 - 28 Sun Peaks, British Columbia, Canada - FULL

More information to come on the following trips

January 5 Perfect North Slopes

January 26 - 29 Sun - Wed: Timberline, lodging at Canaan Valley Resort

February 7 - 9 Fri - Sun: Timberline weekend trip, option to add Thursday 2/6
lodging at Canaan Valley Resort

February 9 - 12 Sun - Wed: Snowshoe, lodging TBD

President's Message

Hi Everyone! Winter is coming fast!

Our next club meeting will be this Tuesday, December 3, 2024. Please come celebrate the holidays with us!

Cold weather (for the first time this season) is forecasted Friday Nov. 29 – Monday Dec. 2

If you may be traveling during the Thanksgiving weekend please prepare accordingly!

Our western trips are both full, but we are currently offering the following "local" trips:

Jan 5: Perfect North

Jan 26 - 29: Sun - Wed: Timberline, lodging at Canaan Valley Resort

Feb 7 - 9: Timberline weekend trip, option to add Thursday 2/6, lodging at Canaan Valley Resort

Feb 9 - 12: Sun - Wed: Snowshoe, lodging TBD.

More info about the above will be available on our website soon: <https://www.lexskisnowboard.org/>

I look forward to seeing everyone at the meeting!

Kindest regards,

Chris Ping,

LSSC President, president@lexskisports.org

LSSC Christmas Party

LSSC will be hosting a Holiday Party

Thursday, December 19, 6:00 to 9:00 p.m.

Location: The Parlour, 2099 Harrodsburg Rd (Turfland) Lexington.

The club will provide light appetizers and Fun Activities.

Bring a gift of nominal value for the Regifting gift game,
wrapped or in a bag, labeled for a Man, Woman, or Anyone.

Contact Tammy Johnson for more information: social@lexskisnowboard.org



December 3 Meeting Presentation

Ways to optimize your ski day thru nutrition and stretching

Speaker: Melissa Kamphake, owner Big Blue Strength

We start you the RIGHT WAY! We understand the importance of proper movements and technique in all areas of strength training. We are here to help you every step of the way.



Hiking In Red River Gorge



Trips to Perfect North, Timberline and Snowshoe

Winter has arrived and everyone will be thinking about skiing opportunities!

Local resorts will be welcoming skiers and snowboarders very soon. Perfect North has made improvements to their snowmaking infrastructure. [Watch for the opening day on their website](#). Snowshoe will be celebrating their 50th anniversary this season and will open Dec 4. Timberline Mountain is scheduled to open Dec 5. We have several trips to offer this season. Transportation is by personal vehicle or carpooling.

Perfect North: January 5

We'll meet at 8:00 am in the parking lot of Marriott Griffin Gate Hotel (end closest to the Marathon gas station) for those wanting to meet for carpooling.

Timberline Mountain: January 26 - 28 or 29

Our first trip to Timberline has an option of skiing 2 - 3 1/2 days. Just a few miles away is a separate ski area at Canaan Valley Resort State Park. Lodging options include Canaan Valley Resort at the Park or Timberline Hotel (slopeside) offering mid-week prices. Both are hotel rooms with a mini fridge and microwave. There may be an opportunity to stay at a condo slope-side depending on availability and number of sign-ups for the January trip only. Please notify Robin of your interest prior to making reservations.

Timberline Mountain: February 7 - 9

The second trip to Timberline will be the weekend of Feb 7-9 and early hotel reservations are encouraged.

[Lodge Rooms & Suites | Canaan Valley Resort State Park](#)

[Timberline Hotel – Timberline Mountain](#)

Snowshoe Mountain: February 9 - 12

For the members who want to combine 2 trips, it is a 2-hour drive from Timberline to Snowshoe. Snowshoe is an IKON Pass resort. For those without the IKON Pass, [Snowshoe is offering a 3-day FLEX Pass for \\$199](#) for a limited time only. The resort has a free shuttle to get around the mountain day and night. We will stay in condos on the mountain. The estimated cost will range from \$400 to \$460 per person depending on the total number of participants and bedding configuration.

Online Payment Schedule: Deposit: \$100 due by Dec 9, remaining balance due Jan 7

All West Virginia trip participants must complete an online [Trip Application and Membership Application](#) and (if not already paid) pay appropriate club membership dues.

Trip Leader: Robin Jones

For additional information or questions, please contact Robin at <mailto:localactivity@lexskisnowboard.org> or call/text: 859-948-2934.



LSSC Trips to Steamboat Springs and Sun Peaks are full

If you are going on either of these trips and have any questions please contact the trip leaders for more information.

Steamboat Springs, Colorado

Saturday, January 11 – Saturday, January 18, 2025

Trip Leader: Catherine Monzingo, kykatieann@gmail.com (contact for trip information and assistance)



Sun Peaks, British Columbia, Canada

Friday, February 21 – Friday, February 28, 2025

Trip Leader: Kyle Chism, kyle.chism@parsons.com (contact for trip information and assistance)



Finland And Switzerland

Sunday, February 2, 2025 to Friday, February 14, 2025

In Search of the Northern Lights with post trip to Switzerland



In Finland, you can view nature's most spectacular light show, the Aurora Borealis, from purpose-built spaces like glass huts and luxury suites.

The Northern Lights are visible roughly 200 nights a year in Finnish Lapland? While many choose to go Aurora-spotting by snowshoe, ski, snowmobile or dog sled, you can also view the Northern Lights from the comfort of the indoors.

The nights are typically dark enough to see the Northern Lights from late August to April – all you need are clear skies and a bit of luck. Head north for the best chance of catching them.

Known as one of the cradles of skiing, the winter sports that we see today stem from the Jungfrau ski region. Wengen, for example, has been hosting ski races for over 100 years. The name of the region comes from the magnificent Jungfrau Mountain, the largest peak between itself and its neighbors: the Eiger and the Mönch. One of the major attractions to the ski region is the amazing off-piste area its slopes provide.

Jungfrau has three areas in one: Grindelwald-Wengen, Grindelwald-First and Mürren-Schilthorn. Altogether, the region consists of two valleys, three mountain ranges and 131 miles of skiable terrain. There's something for every level of skier, from gentle to steep slopes, plenty of powder, terrain parks and racing areas.

Dan Hapner 937-657-4750 email: International_trips@ovsc.org



LSSC Officers and Directors 2024 - 2025

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|-------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| President - Chris Ping president@lexskisnowboard.org | Exec VP - Howard Glauert vp@lexskisnowboard.org |
| Past President - Tom O'Donnell ovsc-rep@lexskisnowboard.org | Treasurer - Charlie Lisle treasurer@lexskisnowboard.org |
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| Web Master - David Morrison webmaster@lexskisnowboard.org | OVSC Representative - Janet Jones presidentelect@lexskisnowboard.org |
| Local Trip Director - Robin Jones localactivity@lexskisnowboard.org | Social - Tammy Johnson social@lexskisnowboard.org |
| Newsletter - Ben Enzweiler newsletter@lexskisnowboard.org | Marketing & Publicity Director - Open marketing@lexskisnowboard.org |



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