

# THE GREAT SCHUSS

## LEXINGTON SKI & SNOWBOARD CLUB



### OCTOBER MEMBERSHIP MEETING

**Tuesday - October 1, 2024    Location: Roosters**  
**6:00 pm Social Hour    7:00 pm Meeting**  
**124 Marketplace Drive - Lexington, KY**  
**(Off Man of War, just west of Nicholasville Rd.)**

September 28    Saturday hiking trip cancelled due to weather

October 1    General Membership Meeting: presentation on fitness & conditioning

October 20    Keeneland Tailgate at the Hill

November 2    Hiking in Red River Gorge

**Trips planned for 2025 - registration information is available on the [LSSC Trips](#) page**

January 11 - 18    Steamboat Springs, Colorado

February 2 - 14    Finland and Switzerland - [OVSC Trip information](#)

February 21 - 28    Sun Peaks, British Columbia, Canada

**More information to come on the following trips**

January 26 - 29    Sun - Wed: Timberline, lodging at Canaan Valley Resort

February 7 - 9    Fri - Sun: Timberline weekend trip, option to add Thursday 2/6  
lodging at Canaan Valley Resort

February 9 - 12    Sun - Wed: Snowshoe, lodging TBD

# Pre-ski season conditioning and general fitness

Guest Speaker: J. Matt Hall

Physical Therapist, Orthopedic Clinical Specialist - from KORT PT.

Program: October 1 at 7pm



## Keeneland Tailgate At The Hill

Sunday, October 20 - Gates Open at 11am - First Post at 1pm

Join us for a day at the races!! Look for the pop-up tent with the Lexington Ski and Sport Club banner. Hill amenities include food trucks, bar station, live music, jumbo screen for watching the race and on-site wagering in the large tent. Personal coolers with drinks and snacks are welcome.

Text/call Robin Jones at 859-948-2934 or Tammy Johnson 502-542-3127 with questions or, for assistance to locate the LSSC tent when you arrive.



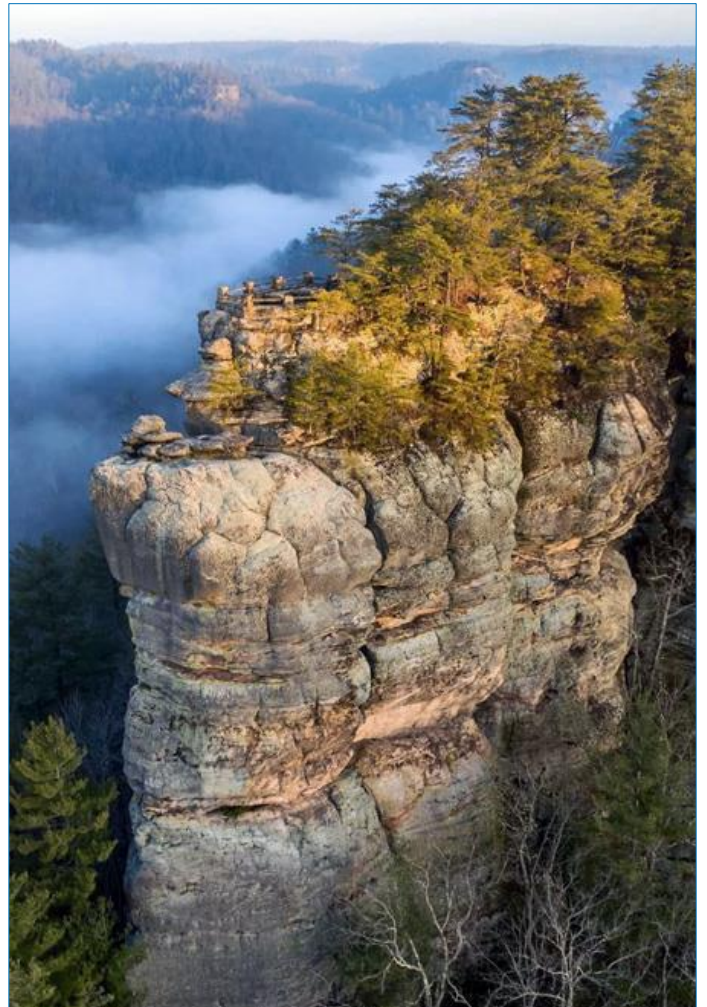
# Hiking in Red River Gorge

The anticipated cooler weather means enjoying the start of fall activities

Please join us on Saturday, November 2<sup>nd</sup> for a morning hiking trip to the Red River Gorge. The trail will be easy to moderate with views of fall foliage. The meet-up location will be Lowe's parking lot on Grey Lag Way behind Starbucks off Winchester Road at 8am.

Text or email Robin Jones for more information: 859-948-2934 - [localactivity@lexskisnowboard.org](mailto:localactivity@lexskisnowboard.org)

September 28 hiking trip cancelled due to weather



# Steamboat Springs, Colorado

## Saturday, January 11 – Saturday, January 18, 2025

Steamboat Springs is nestled in the Rocky Mountains of Colorado, off the beaten path but still within reach. If you're looking for an authentic mountain town, steeped in adventure, history and culture, yet full of modern amenities and activities that are as big as the Rockies themselves.

Of Colorado's nearly 30 ski resorts, Steamboat stands apart with its Western spirit and famous trademarked Champagne Powder. Tucked-away deep within the Yampa Valley, "Ski Town USA", as it's known, takes a bit more effort to reach by road than other local resorts. In recent years, however, its addition to the Ikon Pass combined with increased air service have made it a winter destination for everyone.

Much has changed since the ski area first opened in 1963 with just a few trails: Steamboat now boasts 170 trails across six peaks and 2,900-plus acres of terrain with 17 lifts and four terrain parks. But three constants remain: the ample "champagne" powder (named because it's so light and dry); wide, gladed trails that cater to all skill levels; and a sincere commitment to making the area a family destination. It was the first mountain resort in the United States to let kids ski for free, and they still do today.

Trip Leader: Catherine Monzingo, [kykatieann@gmail.com](mailto:kykatieann@gmail.com) (contact for trip information and assistance)



# Sun Peaks, British Columbia, Canada

Friday, February 21 – Friday, February 28, 2025

Centrally located in the Interior region of British Columbia, Sun Peaks Resort is Canada's second largest ski area. The terrain is diverse and spread across three mountains - Mt. Tod, Sundance and Mt. Morrisey - totaling 4,270 acres. Formerly Tod Mountain prior to 1993, the resort has developed into a year-round community, at the center of which is a European-style, ski-through village including hotels, condos, restaurants and shops. 135 alpine trails flow into the village from 360° of terrain and over 34km of Nordic skiing trails. From groomed cruisers to bumps, a progressive 10-acre terrain park, abundant glades, steeps and alpine bowls, the varied terrain at Sun Peaks accommodates all levels and abilities. Featuring 10% beginner, 58% intermediate and 32% advanced/expert terrain, the resort boasts that varying levels of skier and boarders can ride up the same lift, take different trails down, and meet up at the same lift again. Sun Peaks receives 6 meters of snow annually in the form of light, dry powder conditions for which the Interior of BC is famous.

Trip Leader: Kyle Chism, [kyle.chism@parsons.com](mailto:kyle.chism@parsons.com) (contact for trip information and assistance)



# Finland And Switzerland

Sunday, February 2, 2025 to Friday, February 14, 2025

**In Search of the Northern Lights with post trip to Switzerland**

In Finland, you can view nature's most spectacular light show, the Aurora Borealis, from purpose-built spaces like glass huts and luxury suites.

The Northern Lights are visible roughly 200 nights a year in Finnish Lapland? While many choose to go Aurora-spotting by snowshoe, ski, snowmobile or dog sled, you can also view the Northern Lights from the comfort of the indoors.

The nights are typically dark enough to see the Northern Lights from late August to April – all you need are clear skies and a bit of luck. Head north for the best chance of catching them.



Known as one of the cradles of skiing, the winter sports that we see today stem from the Jungfrau ski region. Wengen, for example, has been hosting ski races for over 100 years. The name of the region comes from the magnificent Jungfrau Mountain, the largest peak between itself and its neighbors: the Eiger and the Mönch. One of the major attractions to the ski region is the amazing off-piste area its slopes provide.

Jungfrau has three areas in one: Grindelwald-Wengen, Grindelwald-First and Mürren-Schilthorn. Altogether, the region consists of two valleys, three mountain ranges and 131 miles of skiable terrain. There's something for every level of skier, from gentle to steep slopes, plenty of powder, terrain parks and racing areas.



# LSSC Officers and Directors 2024 - 2025

President - Chris Ping <a href="mailto:president@lexskisnowboard.org">president@lexskisnowboard.org</a>	Exec VP - Howard Glauert <a href="mailto:vp@lexskisnowboard.org">vp@lexskisnowboard.org</a>
Past President - Tom O'Donnell <a href="mailto:ovsc-rep@lexskisnowboard.org">ovsc-rep@lexskisnowboard.org</a>	Treasurer - Charlie Lisle <a href="mailto:treasurer@lexskisnowboard.org">treasurer@lexskisnowboard.org</a>
Secretary - Annette Riehle <a href="mailto:secretary@lexskisnowboard.org">secretary@lexskisnowboard.org</a>	Membership - Cecile McKinney <a href="mailto:membership@lexskisnowboard.org">membership@lexskisnowboard.org</a>
Web Master - David Morrison <a href="mailto:webmaster@lexskisnowboard.org">webmaster@lexskisnowboard.org</a>	OVSC Representative - Janet Jones <a href="mailto:presidentelect@lexskisnowboard.org">presidentelect@lexskisnowboard.org</a>
Local Trip Director - Robin Jones <a href="mailto:localactivity@lexskisnowboard.org">localactivity@lexskisnowboard.org</a>	Social - Tammy Johnson <a href="mailto:social@lexskisnowboard.org">social@lexskisnowboard.org</a>
Newsletter - Ben Enzweiler <a href="mailto:newsletter@lexskisnowboard.org">newsletter@lexskisnowboard.org</a>	Marketing & Publicity Director - Open <a href="mailto:marketing@lexskisnowboard.org">marketing@lexskisnowboard.org</a>



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